



**Love in the Low Country...  
Rediscovering the Treasures**  
A Getaway Weekend for Your Marriage

February 12 - 14, 2010  
Holiday Inn Express  
Historic District  
Savannah, Georgia

Presented by:  
The Georgia Chapter of the  
Association for Couples in Marriage Enrichment (ACME)



# Getaway Schedule

## Friday, February 12<sup>th</sup>

**6:00 PM - Registration**

**7:00 PM - Welcome:** Roberta & Terry Heinlein

Keynote – Discovering the Physics of Marriage

Renee and Chuck Hinson

Newton's Laws, Schrödinger's cat, dissipative structures, and chaos theory are but a few of the topics to be covered in this brief look at some of the major discoveries of physics through history. For example, Newton's Third Law, "For every action there is an equal and opposite reaction," was most certainly intended to describe how conflict escalates in heated marital discussions. Learn how the "New Science," Chaos Theory, offers hope for emerging order from apparent randomness – even in our own homes. Come and explore the expanding universe of marriage enrichment through the lens of major discoveries in physics

**8:45 PM -** Mix, mingle and meet other ACME couples with Norma and Tim Bostick

## Saturday, February 13<sup>th</sup>

**6:00 AM - Breakfast Bar (open until 10 AM)**

**9:15 AM - Group Session**

What do all those letters stand for? -Understanding ACME

**10:00 AM - Your Choice! Morning Workshops**

- *Mini Retreat (Workshop A)*  
Sylvia & Eddie Robertson (this meets for both AM and PM workshops)  
This workshop is created for the couple new to marriage enrichment. Basic principles of communication, conflict resolution and commitment are shared and practiced.
- *Keeping the Ship Afloat and Staying on Course: Navigating Toward a Fulfillment in Marriage (Workshop B)*  
Lana & Jack Snellgrove  
In this workshop couples will discover where they are in various aspects of their relationship, assess their strengths both individually and as a couple, and plan for their future.
- *Creativity on Demand, Marriage Enrichment, and other Oxymorons (Workshop C)*  
Renee & Chuck Hinson  
“I’m not creative.” “We are in a rut.” “I’m fresh out of ideas.” Use these sentences now because you will not need them after this workshop. Based on the work of Edward DeBono, we will explore “Po,” the provocation of new ways of thinking about old problems. Focusing on the random entry technique, we will work interactively on several problems suggested by the group. No two sessions of this workshop are ever the same so come and bring your most nagging issues for a new approach to generating ideas for solutions.
- *Opposites Attract (Workshop D)*  
LuAnn & Dave Gilmore  
God, in His wisdom and with a unique sense of humor, put in place the unmistakable dynamic of opposites attracting which makes for an interesting and textured relationship! So often couples conflict over what appears to be opposite values but are, in reality, preferences. Understanding the distinctions between values and preferences as viewed from one another’s perspective can make for an exciting exploration of one another instead of destructive sword crossing. We will explore these themes and offer practical exercises for each couple to discover the power of opposites coming together.

**12:00 PM Connecting Time with your spouse**

**Enjoy lunch and a romantic afternoon with your spouse in beautiful Savannah.**

**4 PM - Your Choice! Afternoon Sessions**

- *Mini Retreat Continued (Workshop A)*

Sylvia & Eddie Robertson

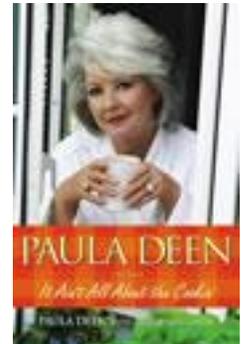
This workshop is created for the couple new to marriage enrichment. Basic



principles of communication, conflict resolution and commitment are shared and practiced.

- *Dialogue (Workshop E)*  
Roberta and Terry Heinlein  
A time for couples to have an in depth dialogue on the topic of their choice. This is a very rewarding experience.
- *The Family you Bring to your Family (Workshop F)*  
Ashley & Gordon Owens  
You don't enter marriage alone. Sure, there's your spouse, but there is also your family's history of traditions, rules and expectations that follow. More than likely, this history is very different than your spouse's. Explore with us how your family history shapes you and can contribute both positively and negatively to your marriage.
- *Sweet Expressions; Reflecting on the Journey (Workshop G)*  
Carol & Brad Miller  
Each couple will be given the opportunity to reflect on their marriage journey by creating a "TripTik" of their marriage: the ups and downs, the joys and sorrows, the setbacks and the triumphs. By working together to build a "candy map" of their journey together, couples will be given a chance to reflect back on where they have been and using insights gathered, begin to plan for the future. A fun yet effective way to look at your relationship.

**7:00 PM – Dinner at Paula Deen's restaurant The Lady and Sons**  
Presentation of the Andereck Award



### **Sunday, February 14<sup>th</sup>**

**6:00 AM - Breakfast Bar (open until 10:00 AM)**

**8:45 AM - Christian Celebration - Bonnie & Creede Hinshaw**

**9:30 AM - Closing - Lydia & Greg Meadows**



# Registration Form – Weekend Getaway 2010

Names: (his) \_\_\_\_\_

(hers) \_\_\_\_\_

You may register and also  
make payment ONLINE  
at  
[www.bettermarriagesGA.org](http://www.bettermarriagesGA.org)

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_



Will you need Handicap Accessibility? Yes \_\_\_\_ No \_\_\_\_

\_\_\_\_\_ Early Registration: \$159

\_\_\_\_\_ After January 12<sup>th</sup> \$179

Registration includes all sessions along with dinner on Saturday at The Lady and Sons.  
The hotel provides a breakfast bar 6 AM to 10 AM daily.

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## Your Choice! Workshop Registration

### Morning Workshop

- A - \_\_\_\_ Mini-Retreat includes afternoon
- B - \_\_\_\_ Keeping the Ship Afloat ...
- C - \_\_\_\_ Creativity on Demand
- D - \_\_\_\_ Opposites Attract

### Afternoon Workshop

- Double Session Mini-Retreat
  - E - \_\_\_\_ Dialogue
  - F - \_\_\_\_ The Family you Bring...
  - G - \_\_\_\_ Sweet Expressions
- 

Please Make Check Payable to:

**ACME of Georgia**

Mail check and this form to  
Amy and George Stewart  
5309 Fairfield West  
Dunwoody, GA 30338-3227

You may make payment ONLINE  
at  
[www.bettermarriagesGA.org](http://www.bettermarriagesGA.org)

**We use the PayPal system. You do not have to be a member of  
PayPal to use this. PayPal is secure.**

**You will receive confirmation of your payment by email from  
PayPal. ACME will also send you confirmation that the  
payment has been received.**

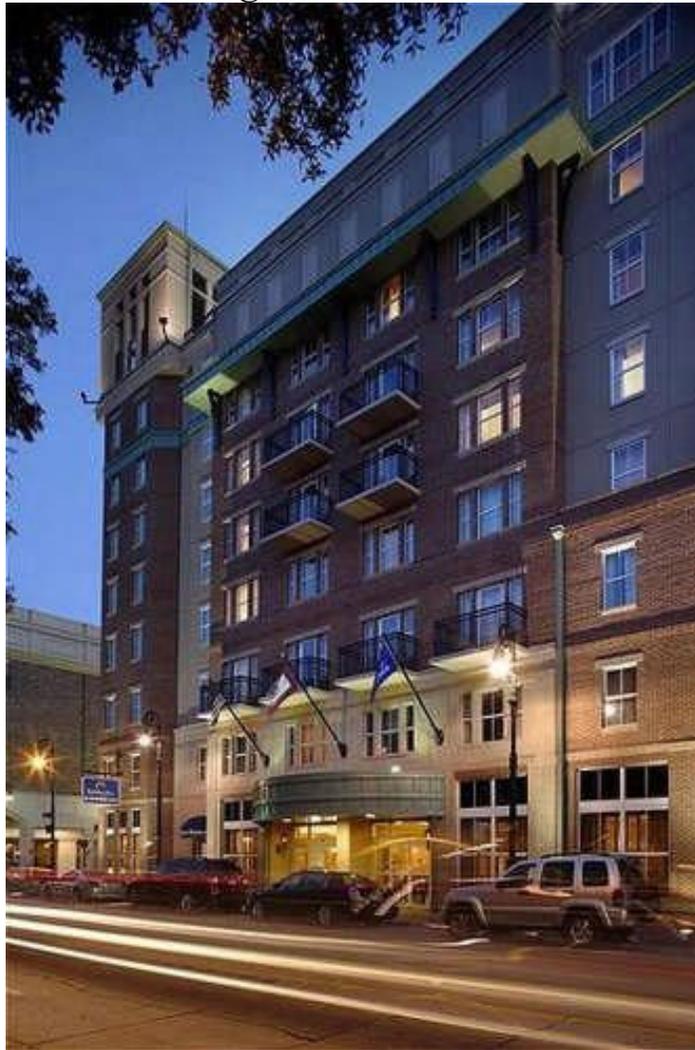
### Refund Policy:

Conference Registration is accepted up to conference date. Refunds of full registration can be returned through January 13<sup>th</sup>. Between January 14<sup>th</sup> and February 10<sup>th</sup>, half registrations will be returned. No refunds after February 10<sup>th</sup>.

## Hotel Information

Call Holiday Inn Express at (912) 231-9000  
Ask for the ACME rate of \$149 per night plus tax  
Rate is guaranteed through January 12, 2010  
based on space available

Visit <http://www.ichotelsgroup.com/h/d/ex/1/en/hotel/savex>  
for more information on the hotel accommodations  
Parking Details to Follow



### **Questions about the Getaway Weekend?**

Contact Amy and George Stewart at 770-668-9257 [getawayinfo@bettermarriagesga.org](mailto:getawayinfo@bettermarriagesga.org)